El Paso Health
HEALTH PLANS FOR EL PASOANS. BY EL PASOANS.

MEDICAID

ROUTINE PREVENTIVE SERVICES FOR CHILDREN AND ADOLESCENTS (30 MONTHS - 11 YEARS)

The following guideline provides recommendations for routine preventive services for children 30 months to 11 years. Children at increased risk may warrant additional services.

Recommendation	30 Months	3 Years	4 Years	5 Years	6 Years	7 Years	8 Years	9 Years	10 Years	11 Years
History: Documentation must contain an initial health history and each subsequent checkup must contain information on an interim history.	X	X	X	X	X	X	X	X	X	X
Mental Health Screening: Mental health screening is required at each check up and includes behavioral, social and emotional development. https://toolkits.solutions.aap.org/DocumentLibrary/BFTK2e_Links_Screening_Tools.pdf	X	X	X	X	X	X	X	X	X	X
Tuberculosis Screening: TB Questionnaire must be administered annually beginning at 12 months of age. A Tuberculin Skin Test is to be administered when the screening tool indicates a risk for possible exposure		X	X	X	X	X	X	X	X	X
Developmental Surveillance/Screening Providers must use one of the following validated, standardized tools when performing developmental screening: •Ages and Stages Questionnaire (ASQ) •Ages and Stages Questionnaire: Social Emotional (ASQ:SE) •Parents' Evaluation of Developmental Status (PEDS) •Survey of Well-being of young children (SWYC) https://toolkits.solutions.aap.org/DocumentLibrary/BFTK2e_Links_Screening_Tools.pdf		X	X							
Developmental surveillance is required at all other checkups and includes a review of milestones and mental health, including: gross and fine motor skills, communication skills, speech-language development, self-help/care skills and social, emotional, and cognitive development.	X			X	X					
Nutrition Screening: Dietary practices should be assessed to identify unusual eating habits such as pica, extended use of baby bottle feedings, or eating disorders in older children and adolescents. For nutritional problems, further assessment is indicated.	X	X	X	X	X	X	X	X	X	X
Age Appropriate Screening & Administration of Immunizations: Providers must assess the immunization status of clients at every medical checkup and vaccines must be administered according to the current Advisory Committee on Immunization Practices (ACIP). "Recommended Childhood and Adolescent Immunization Schedule. The ACIP schedule can be found at https://www.cdc.gov/vaccines/?CDC_AAref_Val=https://www.cdc.gov/vaccines/schedules/	X	X	X	X	X	X	X	X	X	X

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Lead Risk Assessment Questionnaire		X	X	X	X					
Laboratory Tests: Risk Based Test: Screenings performed based on risk assessments include screenings for type 2 diabetes (dia), dyslipidemia (dys), gonorrhea, chlamydia, syphilis (std) and HIV (hiv). Document screening or reason why member was not screened.	dys	dys	dys	dys	dys	dys	dys	dys	dys dia	dys dia std hiv
Mandatory Screening								dys (Once at 9 - 11 years)		
Complete Unclothed Physical Examination	X	X	X	X	X	X	X	X	X	X
Length/Height: Requires documentation of measurements and percentiles as appropriate	X	X	X	X	X	X	X	X	X	X
Weight: Requires documentation of measurements and percentiles as appropriate	X	X	X	X	X	X	X	X	X	X
BMI: Requires documentation of measurements and percentiles as appropriate	X	X	X	X	X	X	X	X	X	X
Blood Pressure		X	X	X	X	X	X	X	X	X
Texas Health Steps recommends that health care providers: • Use the World Health Organization (WHO) growth charts for infants and children birth to 2 years of age. • Use the Centers for Disease Control and Prevention (CDC) growth charts for children who are 2 years of age or older. https://www.cdc.gov/growthcharts/information-for-healthcare-professionals.htm										
Vision: Visual Acuity results		X	X	X	X		X		X	
Subjective vision	X					X		X		X
Hearing: Audiometric Screening results			X	X	X		X		X	
Subjective hearing		X	X			X		X		X
Age Appropriate Anticipatory Guidance & Health Education: Health education is designed to help parents and caregivers understand what to expect in terms of the child's development and to provide information for all ages about the benefits of healthy lifestyles and practices, as well as accident and disease prevention. Diet and Exercise are topics that are strongly encouraged. https://www.hhs.texas.gov/providers/health-services-providers/texas-health-steps/medical-providers	X	X	X	X	X	X	X	X	X	X
Dental: Limited oral screening for caries and general health of the teeth and oral mucosa is part of the physical examination. In addition to the federal requirements, Texas Health Steps policy requires referral to a dentist at six months of age and every six months thereafter until the dental home has been established.	X	X	X	X	X	X	X	X	X	X
Follow up Instructions to Return for Next Preventive Visit:	X	X	X	X	X	X	X	X	X	X
This guideline is based on the Texas Health Steps Periodicity Schedule and the Texas Health Steps Checkup Components. https://www.hhs.texas.gov/providers/health-services-providers/texas-health-steps/medical-providers Individual patient considerations and advances in medical science may supersede or modify these recommendations. QIC Approved on 07/28/2026										